

Clothing Suggestions

Your students may enjoy participating in costume! We will provide vests and pinafores, or your students can create outfits from clothes they already own. Teachers and adult chaperones may also come in costume! Many of the students in 1915 had little money for clothes, which were generally very simple. Often mothers made the clothing or they wore hand-me-down clothes that were loose-fitting or too big.

Boys: Long trousers, loose fitting if possible, or knickerbockers, pants that were cut just below the knee (jeans or corduroy pants rolled up to the knee work well with dark colored socks tucked under the pants at the knee); white or light-colored shirt with buttons down the front, blousy and long-sleeved; braces (suspenders); short, dark jackets; ribbon tied at the neck or bow or neck ties; bib overalls; suspenders; ankle high lace-up or plain leather shoes; newsboy type caps; vests; and straw hats.

Girls – Cotton dress (most commonly country-looking gingham checks and small calico prints or dots), knee or mid-calf length (long, floor-length skirts were not worn until girls were 16); apron or smock; small hat with ribbon; short jacket; bloomers; long, dark stockings; gathered skirts with long-sleeved ruffled blouses; plain, white blouse and knee-length or mid-calf dark skirt; aprons or pinafores; dark, ankle high lace-up shoes or plain dark leather strap and buckle shoes or slip-ons; large hair bows with hair worn away from the face, pulled back into pony-tails, pig-tails, or braids.

Clothing for the 1915 Student

Girls



Boys



Lunch Suggestions

For the full 1915 experience, feel free to share these old-fashioned school lunch ideas with parents!

Lunches were carried in a basket, cloth, tin pail or in pockets (brown paper bags are OK). Food was wrapped in a cloth napkin or paraffin (waxed) paper.

Lunch ideas:

- Dried meats/jerky
- Chicken leg
- Ham slice or deviled ham
- Hard boiled eggs (often carried warm in mittens to keep fingers warm)
- Deviled eggs
- Sausages
- Cheese
- Nuts
- Home-churned butter
- Biscuits with bacon drippings
- Mashed potato sandwiches
- Sandwiches of cheese, egg, or meat
- Jelly sandwiches (peanut butter okay if sparse)
- Homemade bread
- Cranberry or blueberry muffins
- Flat cakes
- Cold potatoes
- Thinly sliced cornmeal mush
- Cold pancakes
- Graham crackers
- Potato rolls
- Soda crackers/saltines
- Baked sweet potato
- Fresh vegetables such as carrot or celery sticks
- Corn
- Dill pickles wrapped in cheesecloth
- Fresh or dried fruits like apples, pears, peaches, grapes, plums, etc. (bananas and oranges were rare in the Northwest)
- Dried cranberries or raisins
- Home canned fruit such as peaches or pears
- Applesauce
- Taffy
- Pie
- Homemade cookies, especially molasses, oatmeal, sugar, or gingersnaps
- Gingerbread
- Popcorn balls
- Spice cake
- Custard
- Bread pudding
- Mason jars of lemonade or juice (apple, orange, grape, etc.)
- Root beer

A few traditional recipes:

- [Gingerbread](#)
- [Flat Cakes](#)
- [Fried Mush or Cornmeal](#)
- [Homemade Butter](#)

“The Butter Song” (Tune: “Row, Row, Row Your Boat”):
*Shake, shake, shake the cream; shake it round and round.
Never stopping, never stopping, 'til the butter's found.*